

UNIVERSITY SPECIAL

CHANGING LIVES FOR THE BETTER



State of the art athletics track helps Turfloop community

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Stellies reach out to disabled youth and unlock the best sporting talent in SA

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VARSITIES MAKING A TANGIBLE DIFFERENCE IN PEOPLE'S LIVES



Just when I thought it was all over, and that I should kiss my dreams of becoming an international champion goodbye, I got a call ...

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University Sports

NLC's generosity changes many lives

Commission comes to the rescue of one of SA's shining stars

While university sports is often overlooked and characterised by lack of funding and dilapidated infrastructure, it has enormous ability to unearth, develop and nurture young talent.

Lucky Zungu, a 26-year-old from KwaMsane township on the KwaZulu-Natal north coast, is one of emerging shining stars whose sprinting abilities was discovered through university sports.

Zungu was part of an 120-strong student delegation that represented team South Africa at the Summer Universiade International Tournament, also known as World Student Games, held in the City of Taipei three years ago.

His aim of becoming an 800m athletics world champion would have simply been a pipe dream if the University Sports South Africa (USSA) had not footed the bill for his travel and accommodation while in Taipei.

Zungu recalls how he almost missed out on a once in a lifetime opportunity if he didn't get the generous donation from the National Lotteries Commission (NLC), which allowed him to showcase his sport prowess to the international arena.

Zungu fondly remembers: "I remember at one stage I wanted to quit sport and focus on my studies instead. I was frustrated because I had knocked on every corporate door for money to finance my travel, but nobody wanted to help.

"Just when I thought it was all over, and that I should kiss my dreams of becoming an international champion goodbye, I got a call from my coach that the National Lotteries Commission has made some funds available to USSA.

"He said the portion of the money would be used to fund students from disadvantaged universities for travel expenses and accommodation. That included me."

He says the international exposure moulded him and left an indelible mark on his career.

"Besides this, I never thought that a rural boy like me would one day board a flight destined for international destination. I used the tournament as a learning curve and incorporated some of the knowledge and skills to my own career."

Zungu runs under the Phantane Athletics Club. He recently won the Bulwer 800m down run men's race which brought together some of the best athletes in the province.

Besides Zungu, Delisile Msomi, a student at Durban University of Technology, is another young talent who has benefited from the lotteries commission.



The National Lotteries Commission has made it possible for university students to participate in international events such as the World Students Games which were held in the City of Taipei three years ago.



The commission plays a crucial role in supporting soccer players and other athletes, especially in the so-called poor universities.

Recently Msomi, a netball player, received a two-month sport scholarship to the US. The scholarship only paid for her studies while abroad and she struggled to fund her travel costs. That's when the National Lottery Commission came to her rescue.

"The national lotteries funded

my full trip to and from the US. While abroad, I was able to meet some of the best netball players in the world who taught me a lot about the game. The tour also helped me improve my game," says Msomi.

Bongani Yengwa, USSA executive committee member, heaped praises for the financial contribution his organisation received from the commission.

"University sports are generally underfunded, especially in the so-called poor universities. So, organisations such as the National Lotteries Commission are crucial in the development of sport and unearthing raw talent," says Yengwa.

"Their generosity goes a long way in reviving and lifting the morale of students and staff coordinating sports in these universities. Some universities are able to use some of the funds to

build state-of-the-art infrastructure."

USSA is a body that controls and administers university sports. Yengwa says without the involvement of organisations such as the National Lotteries Commission, it would be difficult to manage sports in universities.

"Because of funding constraints in most institutions, you'll find that funds meant for sport development are rechannelled to other programmes. Institutions always make an excuse that sport is not their core business. This in turn hinders development, so Lotto plays a pivotal role in closing the gap," he says.

Although the National Lottery Commission monitors and regulates the running of various lottery competitions, over the years the organisation has been at the forefront of funding the non-profit sector. The organisation also makes funds available for other entities in the areas of arts, culture, conservation and national heritage.

“Their generosity goes a long way in reviving and lifting the morale of students

University of Limpopo

University of Limpopo reaps sweet fruit of NLC grant



A state-of-the-art athletics track offers students an opportunity to practise their craft at the University of Limpopo. / Photos / Chester Makana

The NLC donated millions of rand which helped the institution resuscitate sports

By **Chester Makana**

The racing track at the University of Limpopo was in such a bad condition that nobody could train there.

But determined to revive the sport and attract students to participate, the university wrote to the National Lottery Commission (NLC) for a grant.

“The racing track in the main stadium was no more there, our athletes were running on gravel and it was difficult and uninspiring to attract young players,” said the institution’s director of sport Kakata Maponyane.

“I then wrote an application to the National Lottery. They accepted our application the following year, and that’s where everything started to change.

Maponyane said the number of athletes rose from 14 to more than 100, and also inspired communities near the university.

“We are currently standing at 170 who are members of the club.

“The track is not only used by athletes, even other coaches from other sport use it when they are doing cardio exercise, but under supervision.

“We have produced at least three internationally recognised athletes, and it’s all because of the donation by the National Lottery Commission.”

He said Jankie Molele and Schanick Brown are some of the top athletes produced from this

track and there are many more upcoming athletes.

For many historically disadvantaged institutions of higher learning directing funds toward sports development remains an uphill battle, exhausting and draining the little resources they have.

The little they are allocated by national government is often directed to teaching and learning.

The lack of facilities led to most students who joined the institution losing hope and interest in sport.

Their hopes to become super-star athletes were fading as sporting facilities were on the verge of collapse.

Like many other institutions, the University of Limpopo was struggling to attract students into sports until the National Lottery Commission helped refurbish their sport facilities.

Maponyane said the National Lottery Commission donated millions of rand which helped to resuscitate sports, adding that the NLC donated a multi-pur-



The commission made it possible for the construction of this multi-purpose court that caters for tennis, netball, volleyball, a gymnasium and athletics tracks



A student works out at the University of Limpopo's gymnasium which was built with the help of funding from the National Lottery Commission.

pose court catering for tennis, netball, volleyball, a gymnasium and athletics tracks.

Maponyane said since their facilities were refurbished as part of the NLC’s programme the institution had sent players to provincial and national teams.

“These facilities are also open for everyone around here, the federations, athletes who are not students utilised the facilities for practice and other national competition,” said Maponyane

As part of healthy living, the National Lottery also helped the university acquire equipment for the gym to keep the students fit.

He said when the university transformed one of the halls into a gym, they had no equipment, and were helped by NLC’s grant to secure equipment.

This year marks the 20th anniversary of the National Lottery Commission, which has injected over R4-billion into the development of sport and recreation over the last 16 years.

The lottery commission is committed to sports development from grassroots level and to building a healthy, winning nation.

The commission considers important the Sport and Recreation Distributing Agency funding for organisations that enable more people to become involved in sports and recreation, assist disadvantaged communities to participate in sports and recreation activities and provide sports and recreation facilities that are accessible to communities. – *Mukurukuru Media*

“These facilities are also open for everyone who is around here”

Rhodes University



The institution says the funding received from the lottery brought, among others, better infrastructure, better equipment and improved skills.

Wordfest benefits from NLC funds

The ties between the two establishments is the preservation of languages

Rhodes University's Wordfest believes a prosperous working democracy in South Africa requires citizens who are skilled in reading and writing, this by sustaining the importance of books and writers in the public domain.

Wordfest is one of the institution's many projects funded by the National Lottery Commission (NLC).

The relationship between the two establishments was to ensure, among others, the preservation of different languages, by hosting various arts and craft activities.

The higher learning institution is located in the under-developed Eastern Cape. It enjoys the distinction of having among the best undergraduate pass and graduation rates, outstanding post-graduate success rates and the best research output per academic staff member.

Wordfest was established in 1964. It researches problems of the English language in Africa, such as mother tongue as an official language, English as a second language, also how it is spoken and written by the main lin-

guistic groups, how it is taught to find out the weaknesses of the present system and devise means to meet them.

Rhodes University's development fundraiser, Ellen Bagshawe-Smith, described Wordfest as an outreach project of the Institute for the Study of English in Africa (ISEA) that operates on a national multilingual festival of languages and literatures with a developmental emphasis.

For more than a decade, this festival features a wide range of writers, ranging from Nobel Prize winners to young aspirant writers and established writers using different South African languages, during the annual National Arts Festival held in Grahamstown.

Wordfest has also created temporary paid jobs for 15 people for the duration of the lottery grant. Bagshawe-Smith believes book launches at Wordfest have contributed to social change at the national level by exploring, during public and media debates, issues such as fracking, global warming, attitude to people living with albinism, ukwaluka (initiation), gender-based violence and fees must fall.

"The institution's Fine Arts Department provides compre-



Funding from Lotto has also enabled innovative support towards another programme where each writer is linked with an artist in a residence as well as a mentor.



Wordfest has created temporary paid jobs for 15 people for the duration of the lottery grant.



Rhodes enjoys the distinction of having the best undergraduate pass and graduation rates in the country.

dubbed Residencies for Artists and Writers in the Eastern Cape. Each writer is linked with an artist in a residence as well as a mentor.

The mentor is a senior writer based anywhere in the country who has a lot of experience in writing and publishing, while the writer is a person who has never formally been published before.

The institution said the funding received from the lottery brought, among others, better infrastructure, better equipment, improved skills, creation of employment, career development and improved living standards to some individuals.

"We would love to permanently employ staff to manage and coordinate all projects on an ongoing basis, however, funding remains a crippling challenge.

"Every project supported through this grant by the NLC, incorporated a sense of trust among our organisations and we look forward to a continued journey with the NLC through this journey, through applied social transformation," explained Bagshawe-Smith.

hensive tuition in studio practice as well as theoretical and historical aspects of the visual arts. In terms of writers, there is a need for new voices and for a younger generation of skilled writers who bring diversity of voice and diversity of perspective.

"Younger writers need an opportunity to be mentored to develop as arts writers," explained Bagshawe-Smith.

The funding from the NLC enabled innovative support towards another programme



Every project supported by the NLC incorporated a sense of trust

Rhodes University

Rhodes extends gratitude to NLC

University looks forward to next 20 years of changing people's lives

Rhodes University looks forward to continuing instilling hope and positivity to communities through hosting various sport, arts and craft projects for not only those residing in the Eastern Cape, but also across the country.

The institution believes they have managed to make many dreams come alive by working together with the National Lottery Commission (NLC) for two decades.

Established in 1904, the university is a relatively small institution in semi-rural Makhanda (Grahamstown) in the Eastern Cape. It strives to produce outstanding graduates who are innovative, analytical, articulate, balanced and adaptable. This can be achieved through teaching, research and community service.

"We continue to do so in the seven strategic goals outlined for the next five years. We cannot do so, without the generous support of our benefactors, such as the Lottery," explained Rhodes University's development fundraiser Ellen Bagshawe-Smith.

Bagshawe-Smith explained that the lotteries commission has contributed in many of the university's sports, arts and culture programmes.

One of the arts and culture programmes is a drama production named *Ubom!*, which was established in 2003. It is described as an award-winning professional theatre company operating in one of the most impoverished provinces of South Africa.

"The core business of *Ubom!* was the implementation of an artistic programme and its main agenda is the development and growth of the performing arts in the Eastern Cape.

"At the heart of the production's activities is a pledge to share the transformative power of the theatrical arts to advance the notion of artistic excellence and to develop audiences within the province."

Focusing on sporting activities, the training of administrators and coaches result in more schools matches played among each other.

This saw growth in par-



One of the university's arts and culture programmes is a drama production named *Ubom!*, which was established in 2003. Its main agenda is the development of the performing arts in the province.

ticipation, both on campus and among other local schools which were directly linked to the funding from the commission.

She said the various sporting clubs had the much-needed resources to contribute to the development of sport in the local community which made a real difference to the teachers, scholars and all the role players.

Other sporting activities

were the Rowing High Performance Programme and Karate Outreach.

She said: "The grant enabled Rhodes Sports Club to house a high-performance programme which benefitted the organisation two-fold.

"The research students could focus their projects on the local athletes and the athletes also improved their performance.

"The Rhodes Sports Clubs could effectively support community clubs through community engagement projects which made a real difference in the lives of athletes from the local communities."

The Lottery grant enabled the sports department to introduce sport, fitness and recreational activities to stu-

“Research students could focus projects on the local athletes”

dents and scholars who might never before had the opportunity to participate in such sporting activities.

The institution's respective sporting clubs could run their community engagement projects and made a difference in the lives of many.

Bagshawe-Smith further elaborated that their anthropology department was growing fast.

"This project will advance the university's strategic objectives by boosting post-graduate enrolment, increasing research output, fostering interdisciplinary work and contributing to the Department of Higher Education's goals of social transformation and educational excellence.

"It combines research and specialisation in social anthropology and cultural heritage management, as well as indigenous knowledge systems, cultural landscapes and sacred natural sites."

Bagshawe-Smith further stated that the project will also facilitate the professional development of both current staff employed in heritage management as well as potential job seekers

interested in pursuing a profession in heritage management.

The programme is designed to introduce prospective heritage practitioners to policy, legislation, practice and social issues in heritage management, so that they may meaningfully and proactively contribute to improved heritage management at all levels and in a diversity of contexts in South Africa and beyond.

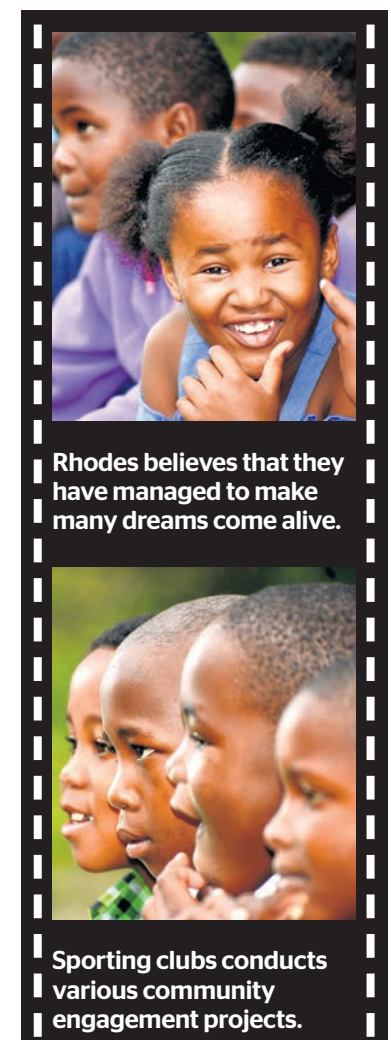
The relationship between the institution and the Lottery came about with a common goal of implementing projects aligned with both parties' respective institutional plans, policies and standard operating procedures, with the main aim of benefitting most deserving beneficiaries.

Bagshawe-Smith's message is that they look forward to the next 20 years of the same journey with the Lottery and a continued mutually beneficial partnerships which affect much-needed change.

"The tremendous gratitude for the trust that the NLC has in us, to continue changing lives together for more than a decade. Moreover, for allowing us to act as conduit in many instances where our projects reach beyond the borders of Grahamstown and include extended community partners.

"We have respectfully joined the NLC through a transformation period and look forward to a continued successful relationship for years to come. However, we would like to discuss improved ways and methods to ensure successful implementation and more impact of NLC-funded projects going forward."

Arts and crafts projects instil hope.



Rhodes believes that they have managed to make many dreams come alive.

Sporting clubs conducts various community engagement projects.

University of Stellenbosch

Stellies reach out to disabled youth

Projects in full steam, thanks to NLC funds

The University of Stellenbosch prides itself in developing various initiatives to assist and encourage young people from disadvantaged communities across the Western Cape to partake in sport, arts and craft activities.

The National Lottery Commission (NLC) contributed to some of the university's projects and outreach programmes. They are, among others – the Drama Touring, Buya IsiXhosa Schools Theatre Projects, Youth Outreach, Rural Youth Initiative, Girls and Women Outreach Programme and Facility Upgrades. More than 100 girls and women have benefitted from these programmes.

Stellenbosch University's development and alumni relations unit officer, Sonia Schoeman, said one of the programmes, dubbed Talent Identification and Coaching Education, underpinned many of the efforts directed towards developing sporting talent in South Africa.

Schoeman, who has been working at this higher learning institution for 10 years, explained that special attention was mostly given to girls and women, as well as persons with



The university prides itself in developing various initiatives to assist youth from disadvantaged communities.

Project, assisted and encouraged youth from disadvantaged communities by developing them to perform at the Youth Theatre.

"This was to enhance the skills, talents and aspirations of both high and primary schools as well as youth drama groups within communities previously denied, or unable to have access to theatre spaces."

The university has taken pride in also hosting the isiXhosa Theatre Festival, which is one of its kind in the Boland area and among a few isiXhosa cultural events in the Western Cape.

Another project labelled the Drama Touring Company created space and an opportunity for artistic entrepreneurship to develop skills in business for the young, up and coming theatre makers, for them to expand in theatre industry.

"The communities not only receive an opportunity to be exposed to the performing arts, but these productions also serve as an educational purpose. The support received from the lottery has enabled us to strengthen the game of rugby and provide opportunities for participants to develop their talent."



The Buya Project has assisted youth from disadvantaged communities by developing them to stage plays at the Youth Theatre.

The NLC support has enabled us to strengthen the game of rugby

disabilities.

She further outlined that the upgraded facilities have provided the university with space where they can deliver outreach programmes like soccer, a capacity that could not be offered prior to the upgrade.

"This has had a positive impact on the staff and students who are able to offer the sport programmes, as well as community youth who can benefit from such programmes," she said.

"The grant also assisted three major areas on the rural youth initiative which are for outreach and rural youth, youth sport and life skills, disability and talent confirmation projects. Sport-specific research focusing on how the utilisation of sport technology can contribute to coaching effectiveness and to injury prevention."

Another initiative, the Buya



Stellenbosch University has been conducting various outreach projects through the funding from the commission.

Theatre brought closer to people

Lotto funds help stage productions to be taken to villages

Rural areas across the Western Cape were given an opportunity to experience theatrical productions in their comfort spaces.

Stellenbosch University took different theatre plays to schools in rural areas, to give communities access to theatrical productions where they would not usually have the opportunity to see such productions.

This initiative is among programmes and outreach projects the institution has been running through the funding from from the National Lottery Commission (NLC).

The institution's development and alumni relations unit officer, Sonia Schoeman, indicated that all the productions comprising children's production, audience development projects and library production that were performed at various rural areas across the province, were free of charge.

She said the children's production, as well as the audience development projects, were in line with the Curriculum Assessment Policy Statements.

"The feedback that we have received from the schools where we performed was overwhelmingly positive. We could do all of that because of the grant that we have received," said Schoeman. "We went back to all those schools to follow up and continue with the work in order to expand the impact of the projects. The communities not only received an opportunity to be exposed to the performing arts, but these productions also served as an educational purpose."

A unique production, *The Farce*, was staged at the 2019 Word Festival. Schoeman said it was a first to be performed utilising traditional acting and directing techniques of the traditional genre.

"Feedback from the press about this production was very positive, highlighting the matter that the production was built on accessible and traditional

theatrical elements.

"The costs associated with this type of production makes the performances of such pieces very scarce and the support received from the lottery enabled a whole new generation of theatre-goers to witness this style of theatre.

"Special performances and concessions were made for school learners, teachers and drama students to see the production within the framework of the arts festival."

One of the projects that the lottery also funded in this institution was the Rietenbosch Wetland Rehabilitation and Conservation Project, which is part of the environmental sector.

It aimed to develop a world-class wetland environmental resource for use by local schools and the community in Stellen-

The feedback we have received from the schools was overwhelming

bosch, as well as the surrounding towns in the district.

Schoeman revealed that they had a non-functional and degraded wetland that was redeveloped into a functional ecosystem.

"The funding from the lottery has made it possible to restore a degraded and dysfunctional ecological resource in a degraded area of Stellenbosch, the end result being the creation of a natural site which not only will be an education tool, but also bring joy and relaxation to a community in need.

"Without the financial support of the National Lottery Distribution Trust Fund, this would not have been possible," she said.

Another project, Martie Community Service, empowered under-resourced communities to reach their full potential.

University of Johannesburg

Stars turn to UJ's clinic for healing

Lottery pumps millions towards UJ's rehabilitation centre

The University of Johannesburg (UJ) is home to a state-of-the-art Biokinetic and Aquatic Rehab Centre, thanks in part to a generous donation from the National Lottery Commission (NLC).

The biokinetic clinic and rehabilitation centre, which is situated on UJ's Bunting Road campus, offers biokinetic-related services to students, staff and the public.

Francios Fouche, a senior manager at UJ, said without the funding from the NLC and other donors, the building of the centre would have remained a "pipe dream".

He said the clinic is serving a greater public good and is affordable and accessible.

"Rates at this clinic are kept low to ensure availability to all sectors of the community and are not refundable by medical aids," Fouche said.

"We welcome outside patients who cannot afford medical aid rates. We also have referrals from doctors and we see between 500 and 1 000 patients a year. The facility is also used for educational purposes, preparing students for their careers."

Biokinetics is a health profession specialising in exercise therapy. With the use of the correct exercises, a biokineticist can rehabilitate an injury, control most chronic health diseases and enhance neuro-muscular performances.

UJ's Biokinetic and Aquatic Rehab Centre treats a wide variety of patients struggling with joint and muscle injuries, lower back pain and impaired physical wellness. Some of the ailments treated at the centre also include diabetes, obesity, arthritis and sport injuries.

He said members of national teams like Bafana Bafana, Banyana Banyana and Olympic long jump silver medallist Khotso Mokoena have sought treatment at the centre.

The university's sports teams, including those competing in



The UJ's state-of-the-art Biokinetic and Aquatic Rehab Centre was built with funds from the lotteries commission. The clinic and rehabilitation centre offers biokinetic-related services to students, staff and the public.

the popular Varsity Cup, also use the facilities to recover from their injuries.

Some athletes from UJ have gone on to represent South Africa in various sporting codes at the highest competitive levels in the world.

The centre was built at a cost of R7-million, of which the NLC contributed half. It has state-of-the-art equipment, including a gait retraining treadmill, balance plate, isokinetic testing machine, Moto-Med and also offers aquatic therapy.

The biodex treadmill uses audio cueing and visual biofeedback stimulus to improve gait training for improved sensory enrichment, helping patients get better, faster. The biodex balance system is used to meet the needs of patients looking to improve balance, increase agility and develop muscle.

The cybex testing and rehabilitation machine is useful for dynamic and static neuromuscular loading. Various testing and training programmes have been scientifically formulated to load various joints (knee, ankle, hip, shoulder, wrist and elbow), which can be used to assess absolute strength.

The cybex provides immediate biofeedback which can be analysed and shared with physicians. The Moto-Med is an intelligent motor-aided therapy device that is able to detect and relieve muscle spasms.

Fouche said this piece of equipment is beneficial for neurological, orthopaedic and wheelchair-bound patients. It has both active and passive functions, facilitates neurological stimulation, relaxation, provides visual biofeedback on symmetry, speed, muscle tone and power output.

"Our rehabilitation pool offers easy access with graded steps and a sloping floor including two plunge areas measuring 1.8m and 2m deep for deep water rehabilitation.

"The pool's temperature is maintained between 32°C-34°C with a salt-chlorinated filtration

system that is gentle on skin," Fouche said.

The high tech and functional indoor pool complex is the second of its kind in Gauteng and was handed over to the university in December 2015 by construction company GDK.

In 2016, the university's health sciences faculty introduced a new four-year degree in Biokinetics. Fouche said it was fulfilling to work at the centre.

"For a sports person injured doing what they love, or a person recovering from a horrific car accident, it is a comforting feeling to know you have options and can get the best medical care at an affordable rate.

"We thank institutions like the National Lotteries Commission for seeing it fit to donating money to projects that make a tangible difference in people's lives," explained Fouche.

“We welcome outside patients who cannot afford medical aid rates**”**



Without the funding from the NLC and other donors, the centre would have remained a 'pipe dream'.



The centre at Bunting Road was built at a cost of R7-million, of which the NLC contributed half.



Members of SA's national soccer team, among others, have sought treatment at the centre.

University of Stellenbosch

A basket full of varsity sport codes

More ways to serve community mooted

Each and every Rhodes University's project or programme that is supported by the National Lottery Commission (NLC) has incorporated a sense of trust among various organisations that are working together with the university across the Eastern Cape.

Rhodes University maintains its legacy of access, opportunity and quality. Some of the institution's accolades is being first position in the Eastern Cape, eighth position for the best business school in the country, ninth of the top 16 universities in South Africa, and it proudly holds position 14 in South African Research Chairs Initiative out of 21 participating universities.

The institution looks forward to a continued journey with the NLC through applying social transformation. One of the many projects funded by the commission was in the sports sector.

The institution's development fundraiser, Ellen Bagshawe-Smith, revealed that they especially encourage participation in leadership development and wellness throughout all sporting and cultural activities.

"NLC funding supported activities related to equipment, general operational programmes and community outreach for nine or more than 30 sporting codes offered at the university and it looks forward to affecting amazing change through all their respective clubs," she said.

Here are some of the sporting activities:

- A Japanese martial art, which focuses on the soft-throwing techniques rather than hard-defensive counter-measures. The art focuses on the concept of harmony, not only in movement, but also in the way in which we deal with nature and our fellow human beings.

- Aquatics offers a wide range of water activities on campus, comprising swimming, men's and ladies' water polo and beginners' swimming. The club en-

ables regular league competitions as well as numerous social fixtures in the province.

- Archery caters for both beginner as well as advanced archers. The club has access to a 30m, 50m, 70m and 90m range. Equipment is provided and qualified coaches assist members. All forms of archery are practised including stand-

“NLC funding supported activities related to outreach projects**”**

ard bow, compound and recurve.

- Athletics caters for athletes interested in road running, cross country, track and field, duathlon, triathlon and biathlon. The members compete in Eastern Province Athletics events, as well as races further afield such as the Comrades Marathon and Two Oceans Marathon. The club is also affiliated to USSA Athletics (University Sports South Africa), which enables its members to compete against other tertiary institutions in South Africa.

- Basketball competes successfully in the Nelson Mandela Bay Basketball Association and Campus Basketball Leagues.

- Canoe caters for both social

NLC funding also supports sporting codes including netball.



The rowing and sailing club competes annually in the USSA Sailing Regatta as well as regional and provincial regattas. Boat activities take place on the nearby Settlers' Dam.



Rugby is one of the more than 30 sporting codes that are extended to the community through the university's outreach programme.



Members of the Athletics Club compete in Eastern Province Athletics events.

and professional canoeists, with members training at Settlers' Dam.

Chess is affiliated to USSA Chess and Eastern Province Chess. The club provides chess boards and sets, clocks and coaching books. It competes in all tournaments organised by either of the two bodies.

- Cricket competes successfully in both the Eastern Province and Grahamstown Leagues. The First XI are dominant in the Nelson Mandela Bay Premier League, while we have two sides competing in the Grahamstown First League.

- Dance was established in 2009 and offers a variety of dance classes from beginner to advance level. The club also offers social dance lessons to staff members and other students who do not want to pursue dance as a main sport.

- First Aid was formed in 1998. The club is affiliated to St John Ambulance. Foundation courses are conducted to

train members at both elementary and more advanced levels each year.

- Rhodes University Fly Fishing was formed in September 1994. The club has grown in size and reputation over the past few years with organised events including fly fishing evenings, video shows, casting clinics and trips to both salt and fresh bodies of water.

- Golf offers exciting opportunities for competitive and social golfers. Events and tournaments include Night Golf, Intervarsity and the USSA Golf Tournament. The club also operates on a programme that caters for beginners.

- Hockey is a competitive club on campus, fielding four men's and four ladies' teams in the Eastern Province and Grahamstown Leagues.

- Mountain is one of the largest clubs at the university. Hikers and climbers of all levels of proficiency are catered for.

Other sporting codes include netball, pool club, rifle club, rowing and sailing club, rugby, soccer, squash, surfing, Tae Kwon-

do, tennis, underwater and volleyball.

Bagshawe-Smith said: "Community Outreach Programmes ensured that local schools were able to afford their athletes an opportunity to participate in school league matches and tournaments. Skill levels of the athletes who were exposed to the outreach programmes improved greatly. Our training workshops also provided coaches with knowledge to enhance their coaching abilities which will ultimately be of great benefit to the athletes they coach."

She said without their intervention, various communities would never have benefitted from the Lottery's generosity and they would like to discuss improved ways and methods to ensure more impact of NLC-funded projects.

About the NLC

The National Lotteries Commission (NLC) was established in terms of the Lotteries Amendment Act (No 32 of 2013) to regulate the national lottery and other lotteries, includ-

ing society lotteries, to raise funds and promotional competitions. The commission evolved out of the National Lotteries Board. Other responsibilities of the NLC include advising the trade and

industry minister on policy matters relating to the national lottery and other lotteries. The members of the commission are also trustees of the National Lottery Distribution Trust Fund, into which the national lottery

proceeds intended for allocation to good causes are deposited. The NLC does not adjudicate applications for funding or make allocations to organisations. This job is reserved for committees known as distributing

agencies, which are appointed by the minister of trade and industry and other relevant ministers after public nominations. The lotteries commission provides administrative support to the distributing agencies.